

Wednesday 15th October 2025

Dear Parents and Carers,

Supporting Healthy Digital Habits – A Collaborative DSAT Blandford Initiative

As part of our ongoing commitment to supporting the wellbeing and development of our children, all DSAT schools in the Blandford area are working together on a new initiative under the Digital Excellence Strategy. This collaborative project aims to support both children and families in navigating the challenges and opportunities of digital (screen) use, and in particular smartphones.

Over the coming weeks, schools will be reviewing their own practices and screen requirements, while also engaging with parents, children, and external specialists. Our goal is to ensure that we are sharing the most up-to-date and relevant research on screen use, and that we are working together to promote healthy digital habits both in and out of school.

We recognise that screen use and smartphones are a complex and evolving issue that extends beyond any one school. It is a wider social and cultural challenge that affects all of us, and we believe that by working together, we can make a meaningful difference.

To help shape this work, we will soon be inviting you to share your views through a Parent Smartphone Survey (all DSAT schools in Blandford will be sharing the same survey). Your insights will be invaluable in helping us understand the experiences and needs of families across our community.

We are confident that this united approach will help us better support the health, wellbeing, and digital resilience of all our children.

Thank you for your continued support.



Mrs Rosaleen Beaver
Headteacher